



Holy Family Parish

91 RIBBLESDALE DRIVE, WHITBY, ONTARIO CANADA L1N 6Z3

TEL: 905.665.6470 | FAX: 905.665.6651

holyfamilywh.archtoronto.org | www.holyfamilywhitby.ca

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Rectory Office Hours: Monday, Wednesday & Friday 9:00 a.m. - 5:00 p.m.

Tuesday & Thursday 9:30 a.m. - 5:00 p.m

Our Mission: love God, love others, make disciples

Parish Mission Statement: *Holy Family Parish thanks God for His gifts to us of time, talent and treasure. In following the Lord's command to "make disciples of all nations...." (Mt. 28:19), each of us will use these gifts in praising God. WE will work in the service of our community by encouraging and helping all to reconnect to our Church, renew our faith and rebuild our commitment to God.*

PASTOR:

Rev. Fr. Laszlo Nagy

ASSOCIATE:

Rev Fr. Matthew McCarthy

OFFICE MANAGER:

Tess Bondoc

Director of New

Evangelization: Mary Kay Boase

Lay Pastoral Assistant: John Reid

Youth Minister: Camille Herrera

Office Assistant: Sue Kanemy

PARISH MINISTRIES:

Adult Choir	905-449-1337
Adult Faith Formation	905-665-6470
Alpha	905-668-8353
Altar Servers	905-665-6470
Childrens Liturgy of the Word	905-668-8353
Daughters of Mary	905-668-8535
Eucharistic Ministers	905-430-8552
Extraordinary Ministers	905-430-8552
Gift Store	905-721-8909
Holy Family Stitchers	905-668-0551
Homeless Mission	905-430-2515
Hospitality Ministry	905-665-6470
Intercessory Prayer Group	905-665-6470
Lectors	289-356-0246
Legion of Mary	905-666-8471
Marriage Preparation	905-665-6470
Mother's Group	289-240-8995
Outreach Ministry	905-430-2515
Praise & Worship Group	905-665-8177
ProLife	905-665-6470
R.C.I.A.	905-925-6828
Rosary Apostolate	905-743-9466
Seniors Group	289-200-3945
Small Groups	905-665-6470
St. Vincent's Kitchen	905-668-8253
Society of Saint Vincent de Paul	905-668-8752
Sacramental Prep Class	905-426-0851
Ushers	905-665-9385
Volunteer Screening	905-439-5805
Youth Ministry	905-665-6470

love God
love others
make disciples

SUNDAY MASS SCHEDULE:

Saturday: 5:00 p.m.
Sunday: 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m.

DAILY MASSES:

Monday, Wednesday, Friday: 7:00 p.m.
Tuesday, Thursday, Saturday: 9:00 a.m.
Novena Mass to Our Lady of Perpetual Help is every Wednesday at 7:00 p.m. Exposition is 1 hour before all weekday Masses.

SACRAMENT OF RECONCILIATION:

Saturday 4 p.m. to 4:55 p.m. or upon request.

BAPTISM: Contact the Parish office.

SACRAMENT OF MARRIAGE:

"Couples planning to be married must contact the priest ONE YEAR in advance. You must take a Marriage Preparation course and be a registered member of Holy Family Parish. If either party has gone through any form of civil or religious marriage with another person, the priest is not permitted to set a date for the wedding until the Bishop's office has been contacted."

PARISH DEVOTIONS:

Exposition of the Blessed Sacrament

- Beginning one hour before all weekday Masses.
- Friday from noon to just before the 7 p.m. Mass.
- On the First Friday of the month, Adoration will continue after Mass until midnight.

Rosary and Divine Mercy Chaplet

- Rosary is recited 1/2 hr before all weekday masses.
- Scriptural Rosary is 1st Saturday of the month after the 9am Mass.
- Divine Mercy Chaplet is every Friday at 3 p.m.

**NEW PARISHIONERS ARE WELCOME TO REGISTER
AT THE BACK OF THE CHURCH**



KNIGHTS OF COLUMBUS:

Get involved - become a Knight. Please contact Grand Knight Norm Sawula at 905-668-1799. Meetings are 2nd (General) and 4th (Executive) Wednesday of every month.



CATHOLIC WOMEN'S LEAGUE:

CWL Meetings are held in the Holy Family Church Hall on the 1st Wednesday of each month. Please contact CWL President, Evette D' Cunha at 905-430-4594. The Rosary is at 6 p.m. followed by Mass at 7:00 p.m. There are no meetings held in the month of July and August.

SECOND SUNDAY OF EASTER



Monday, April 29, 7pm

+Joyce & Jeanette Coe req by Maurice Coe

Tuesday, April 30, 9am

+Cheryl Cordick req by Mom and Dad

Wednesday, May 1, 7pm

CWL Members Living and Deceased

+John McKenzie req by

Carmen McInerney

+Augusto Vicente req by Manuel and Delmorie Bastos

Thursday, May 2, 9am

+Inez Burke req by Marg & Mike Burke

Friday, May 3, 7pm

+Francis Prem Kumar req by Kavitha and Edward Irwin

Adelino Ferreira req by Maria Ferreira

+Lorraine Corkery req by Dan Corkery

+Agatha Gallelo req by Denise and Roy Mauro

+Bridget Corera req by the Fernando Family

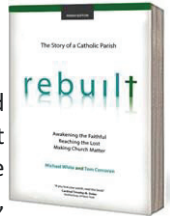
Saturday, May 4

9am +Umberto Saturno req by Rosaria Saturno

5pm +Sebastian Giorgi req by Maria Giorgi & Family

JOIN US ON TUESDAY, MAY 7TH FOR THE REBUILT BOOK CLUB – SPRING REBOOT

In January and February 2019, Holy Family held our Rebuilt Book Club – and the response was incredible. Over 300 parishioners read the book, then met for 6 weekly sessions to discuss, reflect, and discern how we can take inspiration from their story, for our Parish Mission: love God, love others, make disciples. If you were not able to participate at that time, or if you missed any sessions – please join us as we run the book club again for a second time, this spring.



a) Sign up at the back of the church, collect your free book and study guide. b) Start reading your book! c) Join us for 6 interactive study sessions on: Tuesday evenings at 7pm, from **May 7th to June 11th 2019**.

FOR MORE INFORMATION ABOUT THE BOOKCLUB,

PLEASE CONTACT: John Reid - pastoralassistant.holyfamily@gmail.com

Mary Kay Boase - mk.boase@rogers.com

YOUTH MINISTRY

Last week at Jr. EDGE and Life Teen, we took the time to reflect on our blessings and look forward to the entire Easter Season! Understanding that Easter lasts for 50 beautiful days, here are a few ways we can really enter into the spirit of it all:

- 1) Find something in your own life to celebrate every day! Thankfulness helps us to remember the life of Jesus throughout Easter.
- 2) Once Easter is over, we will be celebrating Pentecost! Set a countdown on your phone or in your head, and make sure you remember to attend Mass on Pentecost Sunday (we'll leave it to you to find out when that is).
- 3) Light a candle at least once throughout the Easter Season and offer it up for the souls in purgatory. We continue to pray that, just like our Lord, these people will be brought into heaven to be with our Father!

Life Teen Camp

All high school students still have the opportunity to be registered for Life Teen Camp from August 5-10! Are you up for a week of outdoor activities, awesome games, incredible talks, free time, campfires, growing in your faith, and good food? Don't miss out!

EDGE Camp- THE EDGE CAMP EARLY BIRD DEADLINE HAS PASSED, BUT REGISTRATION IS STILL OPEN UNTIL MAY 15TH AT \$475!

Students currently in grades 5-8 are invited to join us for EDGE Camp from August 17-21! Brace yourselves for outdoor adventures, live music, epic talks, the best of camp food, and a week of pure fun and faith! If cost is a barrier or any questions come up, please email hfwym91@gmail.com.

WEDDING ANNIVERSARY MASS

Holy Family Parish will be having a **Wedding Anniversary Mass** on **Saturday May 25, 5pm**. Registered parishioners celebrating a Milestone Wedding Anniversary in 2019 (10th, 20th, 25th, 30th, 40th, 50th etc....) are invited to renew their wedding vows and commitment at a special Mass to celebrate their anniversary. Families & friends are most welcome to attend! Please call the office at 905-665-6470 to register or for more information.

FILIPINO BREAKFAST @ HOLY FAMILY

Once again, we would like to invite all parishioners, family and friends to a taste of Filipino breakfast on **Sunday, May 26, 2019**, after all Masses in the parish hall. Tickets at \$5.00 each will be sold after weekend masses starting this weekend to May 19 and weekdays in the parish office. Bring along family and friends and enjoy the popular Filipino breakfast menu like 'tapsilog', 'longsilog' and 'arroz caldo'.



Holy Family Parish
First Friday Adoration
May 3, 2019
From noon to midnight

MARCH FOR LIFE

The Pro-Life Group at the Holy Family will organize a bus to the March for Life in Ottawa on May 9, 2019. Prices are- Adult: \$30.00; Student: \$20.00, Children: \$10.00. For tickets, please contact Gwen @ 905-259-8504 or Patricia @ 905-668-7292.

APRIL 28, 2019

CALLING ALL YOUNG ADULTS - AGES 18-39(ish)!

Got questions about Life? Faith? Meaning?

Join us for Holy Family's Alpha for Young Adults!



LOCATION: HOOKSEYE'S FISH & CHIP SHOP

(GARDEN & ROSSLAND NO FRILLS PLAZA), WHITBY

DATES: Wednesdays @ 7pm, MAY 15th - JULY 24th

Alpha sessions are a casual, interactive place to explore life's big questions. There's always food, but there's no pressure, no follow up, no fee, and ALL are welcome - Catholic, Christian or not! Please join us and **INVITE A FRIEND** to come too. Find out more or register at holyfamilywhitby.ca/alpha, or speak to John Reid at the welcome desk after Sunday Masses, or email pastoralassistant.holyfamily@gmail.com.

SOCIETY OF ST VINCENT DE PAUL

The Society of Saint Vincent de Paul and the Knights of Columbus will be holding their 2nd annual Food Drive for our Parish on the weekend of **May 4th and 5th**. For every bag of groceries with at least 5 items donated, the Knights of Columbus will donate \$5.00 to the Saint Vincent de Paul Society. Most needed items are: peanut butter, canned tuna/salmon, coffee/tea, pasta sauces, cereal, pork & beans. Thank you for helping our neighbours in need.

PRAISE AND WORSHIP GROUP

We invite you to join us in a Life in the Spirit Seminar (LSS). The LSS starts with an Invocation Mass at 7:00 PM on Friday **May 10** and continues for seven consecutive Fridays.

The LSS is an opportunity to ratify your gifts from the Holy Spirit and use them to deepen your relationship with Jesus Christ. The sessions include Praise and Worship and a talk by Fr. Matthew.

For more info email lifeinthepiritholyfamily@gmail.com or call Norman Lobo at 905 665 8177.

OUTDOOR MASS COMMITTEE

We are planning to have our first outdoor Mass and family activities on Sunday **June 23rd at 11am** in Pringle Creek Park (across the church).

We would like to form a committee that would organize this event. If you would like to offer your time and talent, please come to our first get together on Tuesday, May 14 at 7pm in the hall. For more info email: holy.family@rogers.com

HOLY FAMILY Y GRAND CAMP

FUN! FAMILY! FAITH!

We invite grandparents and grandchildren (aged 4 - 10 years), to participate in our second Grand Camp this summer! It will take place from **July 8 - 12 here at the church**. The cost for the camp is \$85 for 1 grandparent and 1 child (which includes all activities, snacks, t-shirts, excursion) and \$45 for each additional child or grandparent. We look forward to another wonderful time for family to share learning about faith in a fun way.

EMOTIONALLY HEALTHY SPIRITUALITY

DISCIPLESHIP THAT DEEPLY CHANGES YOUR RELATIONSHIP WITH GOD

In our ongoing efforts to continue building a culture of discipleship here at Holy Family, we will be offering the Emotionally Healthy Spirituality course. The course is very different from the previous courses we have offered, and will unpack core biblical principles to guide you into an experience of lasting, beneath-the-surface transformation in your relationship with Christ.

Each of us engage in various important spiritual activities and disciplines – Bible study, Small groups, Prayer, Service to Others, Worship, Scripture & Spiritual Warfare – and these all have a place in our spiritual journey and development. They inform our intellects, and enrich our hearts, and we need them to be fully formed disciples of Christ. However, it is possible, especially when done in isolation, that they could add an additional protective layer against growing up emotionally.

When people have authentic spiritual experiences—such as worship, prayer, Bible studies, and fellowship—sometimes, they mistakenly believe they are doing fine, even if their relational life is fractured and their interior world is disordered. Their apparent "progress" then provides a spiritual reason for not doing the hard work of maturing. They are deceived – with spiritual growth in certain areas of life, it's easy to ignore the otherwise glaring signs of emotional immaturity.

In our more honest moments, most of us will admit that, much like an iceberg, we are made up of deep layers that exist well beneath our day-to-day awareness. As the illustration shows, only about 10 percent of an iceberg is visible. This 10 percent represents the ways we conduct ourselves and the changes we make that others can see.

When we make positive changes to these visible aspects of our lives, we become nicer people, more respectful, we attend church and participate regularly. We "clean up our lives" somewhat by addressing any issues ranging from alcohol and drug use to foul language to illicit behaviour and beyond. We begin to pray and share Christ with others. But the roots of who we are continue unchanged and unmoved.

Contemporary spiritual formation and discipleship models address some of that 90 percent below the surface. The problem is that a large portion (below the dotted line) remains untouched by Jesus Christ until there is a serious engagement with emotionally healthy spirituality.



Join us on Mondays at 10:30am or 7:30pm for the following sessions:

- May 6th - The Problem of Emotionally Unhealthy Spirituality
- May 13th - Know Yourself that You May Know God
- May 20th - Go Back to Go Forward
- May 27th - Journey Through the Wall
- June 3rd - Enlarge Your Soul through Grief and Loss
- June 10th - Discover the Rhythms of the Daily Office and Sabbath
- June 17th - Grow into an Emotionally Mature Adult
- June 24th - Take the Next Step Rule of Life

The course fee is \$50 per person, which includes:

- Emotionally Healthy Spirituality – an 8-chapter book
- EHS Work Book – to work through during the sessions
- EHS Day by Day – A 40-day journey with the "Daily Office"

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