



Do the relationships in your life  
have room for improvement?

join us for...

# EMOTIONALLY HEALTHY RELATIONSHIPS

Practical Relationship Skills to Truly  
Love Others - Like Jesus Did.

Mondays at 10:00am or 7:30pm  
September 9th to October 28th.

For more info, or to sign up - visit the welcome desk after weekend  
Masses, or email [ehd.holyfamily@gmail.com](mailto:ehd.holyfamily@gmail.com).

**This course is part 2 of the Emotionally Healthy Discipleship course, however - you do NOT  
need to have taken part 1 - Emotionally Healthy Spirituality - in order to take this course!**

## Holy Family Parish

91 Ribblesdale Dr, Whitby Tel. 905-665-6470 Web. [holyfamilywhitby.ca](http://holyfamilywhitby.ca)  
Email: [holy.family@rogers.com](mailto:holy.family@rogers.com) Facebook: Holy.Family.Parish.Whitby Instagram: #holyfamilywh  
love God • love others • make disciples



**Monday Aug 26, 7pm**

+Deceased Members of Ruggieri & Calabrese Families req by Carmelo Calabrese & Family

**Tuesday, Aug 27, 9am**

+Jeanette & Joyce Coe req by Maurice Coe

**Wednesday, Aug 28, 7pm**

+Carl Flinoff  
+Anthony Lobo req by Greta Gomes & Joan Fernandes

Sp Int Harel Family req by Norman & Linda Lobo

**Thursday, Aug 29, 9am**

+Mary Corrigan req by Maurice Coe

**Friday Aug 30, 7pm**

+Maria & Francesco Ignazzitto req by Palazzolo Family  
Good Health for Mrs Landrigan req by Norman & Linda Lobo

**Saturday, Aug 31**

**9:00 am** +Cynthia Dwarica req by Irma Chadee

**5:00 pm** Sp Int Irene & Nelson Tellis

**15 DAY PILGRIMAGE CRUISE**

Father László is planning a pilgrimage cruise to Holland, Denmark, Estonia, Russia, Finland & Sweden from **July 27 to Aug 10, 2020!** Full itinerary is available at the back of the church. There will be an **information meeting on Sept 8 1:45pm** in the Knights Rm.

**PASTORAL REFERENCE**

In order to have Pastoral Letters signed, you must be a registered parishioner, attending Sunday Mass regularly and have volunteered in different parish ministries for **at least 6 months**. Father László cannot sign a reference form if he does not know the person and has no personal knowledge of the individual's involvement in the parish.

**C.W.L.**

The Catholic Women's League will be holding their General Meeting on **Wednesday, September 4th after the 7:00 pm Mass**. All women parishioners and guests are welcome to attend. See what we are all about and the work we do for our parish and our community. For more details, email: [cwlvhollyfamilywhitby@gmail.com](mailto:cwlvhollyfamilywhitby@gmail.com).

**PARKING LOT WELCOMING TEAM OPEN MEETING Aug. 28, 6:30PM.**

At our Mass in the Park earlier this summer, we were fortunate to have a dedicated team of parishioners to keep the traffic moving safely through our parking lot and surrounding streets. As well as the practical benefits, we also saw first-hand the extra layer of hospitality to our parishioners and guests, the impact of which shouldn't be understated.

As we move forward with our mission **to love God, love others and make disciples**, we need to use all opportunities to create the most *welcoming, invitational environment* for whoever comes to our parish, and we would love to begin this in the parking lot!

If you would like to participate in this important work of creating a truly welcoming and invitational environment in our parish, please join us for an open meeting on Wednesday Aug 28 at 6:30pm. If you have any questions, please contact Frank Dias at [diasfe@rogers.com](mailto:diasfe@rogers.com).

**TASTE FESTIVAL**

**September 7th 11am-2pm!**

**Come Celebrate with Us!** Come out and celebrate our diverse heritage with food & talent from around the world and **free activities for the children**. We hope you will enjoy our new attraction this year ~ an Animal Show presented by **Zoo to You!!** Everyone is welcome to attend!!

**Raffle tickets are on sale now!**

Get your tickets now for a chance to win a fantastic prize: 2 round trip tickets to any WestJet destination, a Blue Mountain Gift Certificate or a Best Buy Gift Card. Tickets are available for purchase after Sunday Mass or weekdays at the office. One for \$7 or two for \$10. Do you know ten people who would buy two tickets? Pick up your raffle ticket package from the Taste Festival table or visit the office during office hours. For more information about this incredible event, please contact Anne & Karina at [tastefestival.holyfamily@gmail.com](mailto:tastefestival.holyfamily@gmail.com) or 905.439.5805.

**EMOTIONALLY HEALTHY RELATIONSHIPS**

**September 9<sup>th</sup>!**

*– Practical relationship skills to truly love others - like Jesus did.*

In the Emotionally Healthy Relationships Course, you will learn the following 8 practical relationship skills to develop mature, loving relationships with others:

- Check Your Community Temperature Reading
- Listen Incarnationally
- Stop Mind Reading and Clarify Expectations
- Climb the Ladder to Integrity
- Genogram Your Family
- Fight Cleanly
- Explore The Iceberg
- Develop a "Rule of Life" with Your New Learnings

Our hope and prayer is that you will learn these skills so well that they become second nature to you and that you carry them into our church, workplace, family, school, and neighborhood.

**This course is part 2 of the Emotionally Healthy Discipleship Course, however – you do not need to have taken part 1 – Emotionally Healthy Spirituality – in order to take this course.** For more information or to register, email [ehd.holyfamily@gmail.com](mailto:ehd.holyfamily@gmail.com).

**5KM WALK, RUN OR 15KM RIDE FOR CHRIST**

**September 21st**

Once again, this event will take place along the beautiful **Waterfront Trail in Whitby** with the event starting and finishing at the **Kiwanis Heydenshore Park**.

You can choose to walk or ride the 5km route or for the more experienced cyclists, ride the 15km route. There will be a BBQ following the Walk, Run or Ride. For those of you who do not want to participate in the Walk Run or Ride, all are welcome to come and cheer on participants and join us for the BBQ (for a small fee). There will be Prizes for the top 3 pledges raised. Any single pledge or donation of \$20.00 or more will receive an Income Tax Receipt. All money raised from this event will go directly towards Holy Family Parish Faith Formation Programs.

**PILGRIM VIRGIN OF FATIMA STATUE HOME VISITATION PROGRAM**

Parishioners are encouraged to participate in our Pilgrim Virgin's of Fatima Home Visit Program. A statue of Mother Mary is brought to your home on a scheduled visit that may last from 7-9 days thru the **Legion of Mary**. Legion members will bring the statue to your home and pray the welcoming Rosary with you, your family and friends. Devotion books are provided. Closing prayers are said when the statue is moved from your home to a new location. Families hosting the rosary are encouraged to invite friends and neighbors in to pray with you. Call Nancy @ 905-666-8471.

## CARRYING ON OUR MISSION:

### **love God love others make disciples**

Over this summer, we have been sharing some details of the work our parish leadership team has been doing so that we may bring clarity of the purpose and mission of our church to everyone engaged in Holy Family Parish. This work revolved around six key clarity questions:

1. Why do we exist?
2. How do we behave?
3. What do we do?
4. How will we succeed?
5. What is most important right now?
6. Who does what?

We continue this information this week with a look at:

### **QUESTION 4: HOW WILL WE SUCCEED?**

While these same clarity questions are applied to and used in secular organizations to bring a clear direction to their branding, marketing and strategic plans, by now you can see how they carry a different meaning, a very different meaning, for our purposes here at Holy Family Parish. Organizations who use this well-established model see that by ensuring that all of their members have clarity about its mission, vision and values, they are able to better support and clearly communicate it to the wider community.

So then what does this mean for us here at Holy Family? How will we know that we are succeeding in living and carrying on our mission to love God, love others and make disciples? After great discussion, thought and prayer about all the things that happen here at Holy Family, we recognized certain areas where our mission is truly alive. We looked for commonalities and from these we defined three

spiritual tenets. As a parish, we will know that we are succeeding when we can see that all of our decisions and plans are aligned with these three spiritual tenets or spiritual lenses:

#### ***We have an invitational environment –***

In all that we do, at all times, let us be mindful of both our interpersonal openness and welcome invitation to others, and the physical and spiritual environment that we create here in the church. "Let mutual love continue. Do not neglect to show hospitality to strangers for by doing that, some have entertained angels without knowing it." Hebrews 13: 1

#### ***We have constant opportunities to grow in faith–***

Over the past few years, we have endeavored to be very deliberate not only in the choices of programs, events, and activities that are offered at Holy Family, but also in the specific times and structure of these opportunities. This is so that hopefully everyone would be able to connect with an experience that meets their needs and allows them to further grow in their faith. "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will." Romans 12:2

#### ***We are focused on forming Catholic leaders –***

The health of our parish community depends on the ongoing and intentional formation of our leaders in ministries, programs and responsibilities and the succession of these people into service. We are so blessed to have people who genuinely respond to the personal call to belong to and engage with our parish. "We ought always to give thanks to God for you, brethren, as is only fitting, because your faith is greatly enlarged, and the love of each one of you toward one another grows ever greater..." 2 Thessalonians 1:3

As you continue to reflect on our parish mission to love God, love others and make disciples and the implications of embracing this, consider how decisions and plans are made based on these three spiritual filters. And that when we do make decisions for the right reasons, we will be successfully living out our mission. You are also invited to think about the next clarity question: *What is most important right now?*

## NEW SUNDAY PROGRAM: *We're shaking things up!!*

We want to set your child's heart on fire for Jesus!! **Starting September 15<sup>th</sup>**, we are offering a new program designed to help them learn more about Jesus and help them grow in faith in a small group setting and encounter God in a new & creative way.

This convenient Sunday program for **children in grades 1-6**, will take place right after the 9:30 Mass when you are already here! While your child is in class, you and the rest of your family will be invited for fellowship & discussion in a small group setting of your own in the church hall. Please visit the youth page of our new website to register or for more information. [hollyfamilywhitby.ca](http://hollyfamilywhitby.ca)

*...Equipping you and your family to love God, love others & make disciples.*

### What can YOU do?

Attention Teachers, Educators, Parents, Young Adults & Teens (grade 7 & up). Changes are also coming to our Children's Liturgy Program starting this fall. We are currently seeking individuals to share their gifts & talents with our youth in a new & exciting way...**tech crew, stage lighting, dancers, catechists, teachers, helpers, creative thinkers, administrative help with planning & coordinating.** Please visit the youth page of our new website [hollyfamilywhitby.ca](http://hollyfamilywhitby.ca) if you are interested in this exciting small group setting and encounter God.



## **Life Shared** Small Group Series

### **Do you want to invite but don't know how?**

Do you feel confident in your own faith and would like to invite someone to come to your church, either to Mass or to join the next Alpha?

Join us for an exciting new 3-part series "Life Shared" produced by Alpha Canada! It's designed to spark conversation, prayer & action, to empower you with practical steps to invite others to share a life experience of faith.

**3 Sunday sessions** - Sep 8, 15 and 22 - 9:00 – 10:15 am

\* No sign up, just come join us in the Parish Hall!

Find out more at [hollyfamilywhitby.ca/lifeshared](http://hollyfamilywhitby.ca/lifeshared).

## GOT QUESTIONS ABOUT LIFE?

### FAITH? MEANING?

You are invited! ...to Alpha at Holy Family Parish!

**DATES: Tuesdays 7-8:30pm, Sep 17 - Dec 3rd 2019**

\*no session on Tue Oct 15th



Alpha sessions are a casual, interactive place to explore life's big questions. There's always food, but there's no pressure, no follow up, no fee, and ALL are welcome - Catholic, Christian or not! Join us and INVITE A FRIEND to come too.

Find out more, register at [hollyfamilywhitby.ca/alpha](http://hollyfamilywhitby.ca/alpha), call 905 665 6470, or stop by the welcome desk after any Sunday Mass. Hope to see you there!



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