



Holy Family Parish

91 RIBBLESDALE DRIVE, WHITBY, ONTARIO CANADA L1N 6Z3

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Email: holy.family@rogers.com | Facebook: Holy.Family.Parish.Whitby | Instagram: #holyfamilywh

Rectory Office Hours: Monday, Wednesday & Friday 9:00 a.m. - 5:00 p.m.

Tuesday & Thursday 9:30 a.m. - 5:00 p.m

Our Mission: love God, love others, make disciples

Parish Mission Statement: Holy Family Parish thanks God for His gifts to us of time, talent and treasure. In following the Lord's command to "make disciples of all nations...." (Mt. 28:19), each of us will use these gifts in praising God. We will work in the service of our community by encouraging and helping all to reconnect to our Church, renew our faith and rebuild our commitment to God.

PASTOR:

Rev. Fr. Laszlo Nagy

ASSOCIATE PASTOR:

Fr. Ravibabu Kakumanu

OFFICE MANAGER: Tess Bondoc

Youth Minister: Stephanie Paglia

Office Assistant: Sue Kanemy

PARISH MINISTRIES:

Adult Faith Formation	905-665-6470
Alpha	905-668-8353
Altar Servers	905-665-6470
Choir	905-449-1337
Daughters of Mary	905-668-8535
Eucharistic Ministers	905-556-1958
Extraordinary Ministers for the Sick	905-430-8552
Gift Store	905-721-8909
HF Kids	905-668-8353
Holy Family Stitches	905-668-0551
Homeless Mission	905-903-5153
Hospitality Ministry	905-665-6470
Intercessory Prayer Group	905-665-6470
Lectors	905-809-1750
Legion of Mary	905-430-2368
Marriage Preparation	905-665-6470
Outreach Ministry	905-430-2515
Praise & Worship Group	905-665-8177
ProLife	905-665-6470
R.C.I.A.	905-925-6828
Rosary Apostolate	905-666-5763
Seniors Group	289-200-3945
Small Group Coordinator	905-665-6470
St. Vincent's Kitchen	905-668-8353
Society of Saint Vincent de Paul	905-668-8752
Sacramental Prep Class	905-665-6470
Ushers	905-665-9385
Volunteer Coordinator	905-447-8197
Volunteer Screening	905-439-5805
Young Adult Ministry	905-665-6470
Youth Ministry	905-665-6470

love God
love others
make disciples

SUNDAY MASS SCHEDULE:

Saturday: 5:00 p.m.

Sunday: 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m.

DAILY MASSES:

Monday, Wednesday, Friday: 7:00 p.m.

Tuesday, Thursday, Saturday: 9:00 a.m.

Novena Mass to Our Lady of Perpetual Help is every Wednesday at 7:00 p.m. Exposition is 1 hour before all weekday Masses.

SACRAMENT OF RECONCILIATION:

Saturday 4:00 p.m. to 4:55 p.m. or upon request.

BAPTISM: Contact the Parish office.

SACRAMENT OF MARRIAGE:

"Couples planning to be married must contact the priest ONE YEAR in advance. You must take a Marriage Preparation course and be a registered member of Holy Family Parish. If either party has gone through any form of civil or religious marriage with another person, the priest is not permitted to set a date for the wedding until the Bishop's office has been contacted."

PARISH DEVOTIONS:

Exposition of the Blessed Sacrament

- Beginning one hour before all weekday Masses.
- Friday from noon to just before the 7:00 p.m. Mass.
- On the First Friday of the month, Adoration will continue after Mass until midnight.

Rosary and Divine Mercy Chaplet

- Rosary is recited 1/2 hr before all weekday Masses.
- Scriptural Rosary is 1st Saturday of the month after the 9 a.m. Mass.
- Divine Mercy Chaplet is every Friday at 3:00 p.m.

**NEW PARISHIONERS ARE WELCOME TO REGISTER
AT THE BACK OF THE CHURCH**



KNIGHTS OF COLUMBUS:

Get involved - become a Knight. Please contact Grand Knight Norm Sawula at 905-668-1799. Meetings are 2nd (General) and 4th (Executive) Wednesday of every month.



CATHOLIC WOMEN'S LEAGUE:

CWL Meetings are held in the Holy Family Church Hall on the 1st Wednesday of each month. Please contact CWL President Gwen Schulte-Albert at 905-435 4673. There are no meetings held in the month of July and August.



Monday February 7, 7:00pm

+Robert Mendonca req by Celeste & Linette Mendonca and Sariya Mendonca-Israel.

Sp Int Stephen & Jeanette Serrao on their 57th Wedding Anniversary.

Sp Int Nathan Martin req by Minda & Eric.

Tuesday February 8, 9:00am

Thanksgiving for Peter Meighoo & Family.

+Gabrielle Cannistraci req by Ian & Zonita Reid.

Wednesday February 9, 7:00pm

+Maria DaSousa req by Judy Romany.

+Gloria Rosset req by Sue & Ron Forest.

+Annie Dias req by Pearl Dias.

Sp Int for Carmela & Aldo D'Aliesio req by Jack O'Rourke

Living & Deceased Members of Knights of Columbus.

Thursday February 10, 9:00am

+ Giovanni Rocchio req by his Wife Domenica & Family.

+Terry Buma req by Lou Leaver.

Friday February 11, 7:00pm

+Holy Souls in Purgatory req by Marleine Noujaim.

Thanksgiving for Intercessory Prayer Groups req by Nancy Fernandes.

Saturday, February 12, 9:00am

+Alfie Lamb req by Legion of Mary.

Saturday, February 12, 5:00pm

+Oreste & Emanuela Mizzi req by Family.



DID YOU KNOW?

Our Intercessory Prayer Groups and Small Groups each send out a monthly Newsletter full of inspirational information to help members live their faith in community. **You do not need to be part of a Small Group or an Intercessory Prayer Group to receive these Newsletters!** Please contact Sue at holyfamily.sue@gmail.com and provide your first & last name and which (or both) newsletter you'd like to receive and we will gladly add you to the email list.

NOW IS THE PERFECT TIME FOR A RESOLUTION RESET



February is the Perfect Time to Recommit to Spiritual Goals...

We all tend to make New Year's resolutions but by the time February rolls around, many of us have given up on them weeks ago. With Ash Wednesday just around the corner (*March 2*), why not use this month to set goals

that will help you to build a strong foundation built on Jesus and help you to encounter Him in a real and personal way. Make a Spiritual Resolution instead starting today! Here are the top 10 Spiritual Resolutions adapted from Deacon Jeff Drzycimski of The Catholic Café Podcast maybe you can give a few of them a try!

- 1. CLEAN YOUR HOUSE – GO TO CONFESSION!** Sin causes spiritual weight and can separate us from God, so getting yourself to confession is top of the list! In order to do this however, we must take time and prepare ourselves through prayer for the wisdom and grace to thoroughly examine our conscience. There are a few Examinations of Conscience options as well as other resources about Confession on our website: holyfamilywhitby.ca/reconciliation/
- 2. MASS - GO MORE OFTEN!** If we really understood the Mass, we would die of joy - *St Jean Vianney*. Commit to going every Sunday, and if you are already attending weekly Mass, consider adding a weekday Mass each week. For resources on the Mass and the Eucharist visit: holyfamilywhitby.ca/the-eucharist/
- 3. READ THE BIBLE!** The Bible is God revealing Himself to us through written words - it was not written for our information; it was written for our transformation. Spend just 5-10 minutes every day and allow the book of life to give power to your life, you can also reflect on God's Word through daily Gospel Reflections from various Catholic sources. For a recommended list visit: holyfamilywhitby.ca/daily-reflections/
- 4. CONNECT WITH FRIENDS!** God created you for community and relationships. Join one of our Small Groups or an Intercessory Prayer Groups or get a small group of friends together and start you own – you can find out more about it on the Small Groups webpage: holyfamilywhitby.ca/small-groups/
- 5. RECHARGE YOUR BATTERY - ATTEND A RETREAT!** Commit to attending our parish retreat planned for Lent – **The 99 Experience** (details coming soon!). There are also many different types of retreats taking place not too far from Whitby – at Manresa Retreat Center in Pickering. For more information visit: manresa-canada.ca/
- 6. EDUCATE YOURSELF!** Take an extra class, learn more about Mary, learn about a Saint, dive into the Catechism of the Catholic Church or join a Bible Study! It's not too late to join Parousia: The Bible and the Mass – Join us on Monday and re-discover the awesome power and treasure that is the Holy Sacrifice of the Mass. Find great studies and talks on FORMED for you and your whole family – Visit: holyfamilywhitby.ca/formed/
- 7. STEP UP ON YOUR DEVOTIONALS!** A spring cleaning for your soul – devote specific time to attend Eucharistic Adoration or commit to a weekly or daily rosary or Divine Mercy chaplet to pray for others – souls in purgatory, those who have fallen away from the Church, friends, family - people who really need your prayers. Head to the Prayer page of our website and click on the images to find links for more about Eucharistic Adoration, the Rosary and Divine Mercy at: holyfamilywhitby.ca/prayer/
- 8. PRACTICE A SPIRITUAL DISCIPLINE.** Train your soul – fast or give something up to focus only on the Lord. Fasting is a reminder to grow closer to God and become more in tune with His will. If you want to learn more about the exercise of fasting visit: holyfamilywhitby.ca/fasting/
- 9. SERVE!** Consider becoming a greeter at one of our Masses! Visit the Volunteering page of our website for more information: holyfamilywhitby.ca/volunteer/
- 10. DONATE!** Find a ministry or organization to support financially or by donating food or other items – a few that come to mind are: ShareLife, St Vincent de Paul, Holy Family Outreach ministry of our parish. Visit the Outreach page of our website for links holyfamilywhitby.ca/community-outreach/

FEBRUARY 6, 2022



Federation of North-American
EXPLORERS

Become a leader in our FNE Explorer Movement at Holy Family Parish!

FNE Explorers (Federation of North American Explorers) offers a unique, potentially life-changing experience for the young and the not so young that chose to join the FNE family. There are many challenges and distraction that we face as families and as individuals to stay true to the teachings of the Jesus through the Church and within our society. FNE can help our youth explore their faith in a unique and exiting way! At the moment, as we start to build the FNE youth movement here at Holy Family, we are starting with Timberwolves for boys ages 8-12 with other gender and age-based groups planned in the near future. Find out more at: holyfamlywhitby.ca/explorers/

JOIN US FEB 22 AT 7:30PM

We encourage the men of our parish, the leaders of tomorrow - to say YES! ... Jump onboard for an adventure of a lifetime as we help our youth boys ages 8-12, here at Holy Family explore their faith and the world around them constructively and safely.

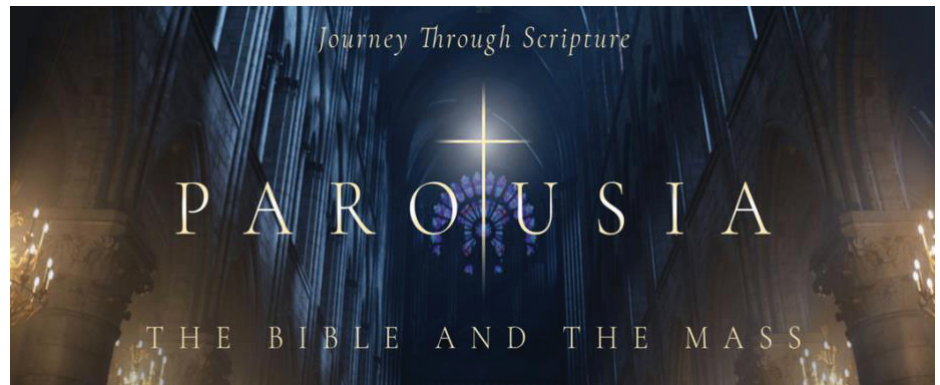
Please join us for an information meeting at the parish on Tues, Feb 22 at 7:30pm. To learn more contact Paul, fellow Parishioner & Founder of FNE at: paul.ritchi@gmail.com

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We are ordering another shipment of these sweaters due to popular demand! Order yours today! \$35.00. SIZES: S-3XL. **COLOURS:** *New Cardinal Red, Cherry Red, Yellow, Blue, Green, Grey, Yellow, Purple, Pink, Black (*black limited sizes*)

Orders are due by Feb 27th. Please email Stephanie to place your order at youthministryholyfamlywhitby@gmail.com After you confirm your order with Stephanie, please bring payment to the parish office. **ORDER YOURS TODAY!**



IT'S NOT TOO LATE TO JOIN THE 170 PARISHIONERS!

Parousia: The Bible and the Mass is truly for **EVERYONE!** Whether you've wandered away, like the prodigal son, and need to renew your relationship with God or you've never been closer to Him, you can get closer. Experience real transformation & build a strong foundation for your life.

JOIN US THIS MONDAY! - Two Session times available: Mornings 10:30am and Evenings 7:45pm online on ZOOM. Workbooks are for sale at the back of the church for \$25.00. You will need to purchase the workbook to get the zoom link for the study. For more information, visit the Welcome desk after Mass or, email the parish office at holyfamly@rogers.com or visit holyfamlywhitby.ca/bible-study/.

EDGE CAMP REGISTRATION IS NOW OPEN!



YOUTH Gr.6-8 (gr.5 going into 6)

Edge Camp is a camp that is filled with exciting summer activities such as high ropes, zip lining, archery, swimming and so much more. Most importantly, Edge camp is a place to experience that spark in one's faith and to dive deeper into what it means to have a relationship with God, while making authentic friendships and unforgettable memories. Total cost per camper is **\$450 Early Bird (Register before the end of April) \$500 until May 1st.** Edge Camp East runs Aug. 20th-24th. For more information on how to register please contact our youth minister Stephanie at: youthministryholyfamlywhitby@gmail.com

ALL YOUTH are welcome to join both inside and outside of the parish!

COMING SOON - LIFETEEN CAMP 2022

Please watch the bulletin and the youth page of our website for information regarding LifeTeen 2022 Happening this summer!

ATTENTION TEACHERS, PARENTS & GRANDPARENTS



Resource Feature of the Week "Stories of Saints"

The Church teaches that the saints are here to be models for lives of holiness. They show us what it means to be followers of Jesus. They also become our companions in our journeys of faith. The saints have much to teach us, but we must know them first! Start sharing this treasure of our faith with your kids when they are young and they will grow up knowing they have friends, models, and encouragers with them always. Visit the **HFkids Faith @ Home** page of our website for the link to the '**Stories of Saints For Kids**' where you will find literally over 100 short animated videos on various Saints plus many other resources updated each and every week to help you share the faith at home. holyfamlywhitby.ca/hfkids-at-home/



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