

# Holy Family Parish

91 RIBBLESDALE DRIVE, WHITBY, ONTARIO CANADA L1N 6Z3

TEL: 905.665.6470 | FAX: 905.665.6651

[holyfamilywh.archtoronto.org](http://holyfamilywh.archtoronto.org) | [www.holyfamilywhitby.ca](http://www.holyfamilywhitby.ca)

Email: [holyfamilywh@archtoronto.org](mailto:holyfamilywh@archtoronto.org) | Facebook: [Holy.Family.Parish.Whitby](https://www.facebook.com/Holy.Family.Parish.Whitby) | Instagram: [#holyfamilywh](https://www.instagram.com/holyfamilywh)

Rectory Office Hours: Monday, Wednesday & Friday 9:00 a.m. - 5:00 p.m.

Tuesday & Thursday 9:30 a.m. - 5:00 p.m

## Our Mission: love God, love others, make disciples

**Parish Mission Statement:** *Holy Family Parish thanks God for His gifts to us of time, talent and treasure. In following the Lord's command to "make disciples of all nations...." (Mt. 28:19), each of us will use these gifts in praising God. We will work in the service of our community by encouraging and helping all to reconnect to our Church, renew our faith and rebuild our commitment to God.*

**love God  
love others  
make disciples**

### PASTOR:

Rev. Fr. Laszlo Nagy

### ASSOCIATE PASTOR:

Rev. Fr. Sean Jacob

**OFFICE MANAGER:** Tess Bondoc

**YOUTH MINISTER:** Samantha Kanemy

**OFFICE ASSISTANT:** Sue Kanemy

**MINISTRY COORDINATOR:** Karina Doyle

### PARISH MINISTRIES:

Adult Faith Formation	905-665-6470
Alpha	905-665-6470
Altar Servers	905-665-6470
Choir	905-449-1337
Eucharistic Ministers	905-556-1958
Extraordinary Ministers for the Sick	905-430-8552
FNE Explorers	416-435-6593
Gift Store	905-995-2434
HF Kids	905-665-6470
Holy Family Stitches	905-668-0551
Homeless Mission	905-903-5153
Hospitality Ministry	905-665-6470
Intercessory Prayer Group	905-665-6470
Lectors	905-665-6470
Legion of Mary	905-213-0316
Marriage Preparation	905-665-6470
Outreach Ministry	905-430-2515
Praise & Worship Group	905-665-8177
ProLife	905-665-6470
R.C.I.A.	905-925-6828
Rosary Apostolate	905-666-5763
Small Group Coordinator	905-665-6470
St. Vincent's Kitchen	905-442-8353
Society of Saint Vincent de Paul	905-668-8752
Sacramental Prep Class	905-665-6470
Ushers	905-665-9385
Volunteer Coordinator	905-447-8197
Volunteer Screening	905-439-5805
Youth Ministry	905-665-6470

### SUNDAY MASS SCHEDULE:

Saturday: 5:00 p.m.

Sunday: 8:00 a.m., 9:30 a.m., 11:00 a.m., 12:30 p.m.

### DAILY MASSES:

Monday to Friday: 7:00 p.m.

Novena Mass to Our Lady of Perpetual Help is every Wednesday

Exposition is 1 hour before all weekday Masses.

### SACRAMENT OF RECONCILIATION:

Saturday 4:00 p.m. to 4:55 p.m. or upon request.

**BAPTISM:** Contact the Parish office.

### SACRAMENT OF MARRIAGE:

"Couples planning to be married must contact the priest ONE YEAR in advance. You must take a Marriage Preparation course and be a registered member of Holy Family Parish. If either party has gone through any form of civil or religious marriage with another person, the priest is not permitted to set a date for the wedding until the Bishop's office has been contacted."

### PARISH DEVOTIONS:

#### Exposition of the Blessed Sacrament

- Beginning one hour before all weekday Masses.
- Friday from noon to just before the 7:00 p.m. Mass.
- On the First Friday of the month, Adoration will continue after Mass until midnight.

#### Rosary and Divine Mercy Chaplet

- Rosary is recited 1/2 hr before all weekday Masses.
- Scriptural Rosary is 1st Saturday of the month after the 9 a.m. Mass.
- Divine Mercy Chaplet is every Friday at 3:00 p.m.

**NEW PARISHIONERS ARE WELCOME TO REGISTER  
AT THE BACK OF THE CHURCH**



### KNIGHTS OF COLUMBUS:

Get involved - become a Knight. Please contact Grand Knight Lindsey Morillo at 905-409-7715. General Meetings are 2nd Wednesdays of every month.



### CATHOLIC WOMEN'S LEAGUE:

Become a member and journey with us in faith, service and fellowship. We meet at the church hall. For more information contact Anita Pereira at 905-442-8163.

## MASS INTENTIONS

### Monday Feb 10, 7:00pm

+Michael Burke req by Basil & Pat McPhee.

### Tuesday Feb 11, 7:00pm

+Edwarda Kazimierczak req by Mary Kay Boase & Small Group.

+Sheldon Hannah req by Noel & Mary Hannah.

### Wednesday Feb 12, 7:00pm

+Fernando Alves req by Francelina Alves. Living and Deceased Members of the Knights of Columbus.

### Thursday Feb 13, 7:00pm

+Anna Campanelli req by Angie & Frank Campanelli.

+Florentina Tunac, Elma Dlegado and Emily Agregado req by Rebecca Roy,

### Friday Feb 14, 7:00pm

+Domenico Citano req by Diane Goodmurphy & Family.

+Irma Kruszynski req by Victoria Mercurio & Family.

### Saturday Feb 15, 5:00pm

+Bridget & Jack Hanley req by Rachel & Gerry Hanley.

+Ruth & Shay Grennan req by Rachel & Gerry Hanley.

## UPCOMING COLLECTIONS

Building Fund - February 15<sup>th</sup> & 16<sup>th</sup>.  
*Thank you for your ongoing support!*

## NEW TO THE PARISH?

Welcome to Holy Family! We would to invite you and your family to register as parishioners and join our email list! Scan the QR code visit our website [holymfamilywhitby.ca/get-connected/](https://holymfamilywhitby.ca/get-connected/)

where you will find links to our email list, social media & Parishioner Registration Form.



## HFkids EVERY SUNDAY

Send your kids to HFkids! Very Sunday during the 9:30 and 11:00 Mass – Adventures for children in Grades Jk to Gr 1 and Time Travellers for kids in Grades 2 to 6. For more information visit our Parent Portal and click on HFkids [holymfamilywhitby.ca/parent/](https://holymfamilywhitby.ca/parent/)



## NOW IS THE PERFECT TIME FOR A RESOLUTION RESET

*February is the Perfect Time to Recommit to Spiritual Goals...*



We all tend to make New Year's resolutions but by the time February rolls around, many of us have given up on them weeks ago. With Ash Wednesday just around the corner (**March 5**), why not use this month to set goals that will help you to build a strong foundation built on Jesus and help you to encounter Him in a real and personal way. Make a Spiritual

Resolution instead starting today! Here are a few Spiritual Resolutions adapted from The Catholic Café Podcast maybe you can give one a try!

1. **CLEAN YOUR HOUSE – GO TO CONFESSION!** Sin causes spiritual weight and can separate us from God, so getting yourself to confession is top of the list! In order to do this however, we must take time and prepare ourselves through prayer for the wisdom and grace to thoroughly examine our conscience. There are a few Examinations of Conscience options as well as other resources about Confession on our website: [holymfamilywhitby.ca/reconciliation/](https://holymfamilywhitby.ca/reconciliation/)
2. **MASS - GO MORE OFTEN!** "If we really understood the Mass, we would die of joy" *St Jean Vianney*. Commit to going every Sunday, and if you are already attending weekly Sunday Mass, consider attending a 7pm weekday Mass each week. For resources on the Mass and the Eucharist visit: [holymfamilywhitby.ca/the-eucharist/](https://holymfamilywhitby.ca/the-eucharist/)
3. **READ THE BIBLE!** The Bible is God revealing Himself to us through written words - it was not written for our information; it was written for our **transformation**. Spend just 5-10 minutes every day and allow the book of life to give power to your life, you can also reflect on God's Word through daily Gospel Reflections from various Catholic sources. For a recommended list visit: [holymfamilywhitby.ca/daily-reflections/](https://holymfamilywhitby.ca/daily-reflections/)
4. **EDUCATE YOURSELF!** Make it a point to learn more about Mary, about a Saint, dive into the Catechism of the Catholic Church or Bible Study! It's not too late to join The Gospel of Luke study this Monday! Visit Formed and find great studies and talks for you and your whole family: Visit: [holymfamilywhitby.ca/formed/](https://holymfamilywhitby.ca/formed/)
5. **STEP UP ON YOUR DEVOTIONALS!** A spring cleaning for your soul – devote specific time to attend Eucharistic Adoration or commit to a weekly or daily rosary or Divine Mercy chaplet to pray for others – souls in purgatory, those who have fallen away from the Church, friends, family - people who really need your prayers. Head to the Prayer page of our website and click on the images to find links for more about Eucharistic Adoration, the Rosary and Divine Mercy at: [holymfamilywhitby.ca/prayer/](https://holymfamilywhitby.ca/prayer/)
6. **PRACTICE A SPIRITUAL DISCIPLINE.** Train your soul – fast or give something up to focus only on the Lord. Fasting is a reminder to grow closer to God and become more in tune with His Holy will for your life. If you want to learn more about the exercise of fasting visit: [holymfamilywhitby.ca/fasting/](https://holymfamilywhitby.ca/fasting/)
7. **SERVE!** Consider becoming a greeter at one of our Masses! Visit the Volunteering page of our website for more information: [holymfamilywhitby.ca/volunteer/](https://holymfamilywhitby.ca/volunteer/)
8. **DONATE!** Find a ministry or organization to support financially or by donating food or other items – a few that come to mind are: ShareLife, St Vincent de Paul, Holy Family Outreach ministry of our parish. Visit the Outreach page of our website for links [holymfamilywhitby.ca/community-outreach/](https://holymfamilywhitby.ca/community-outreach/)

## HELP US SEND OUR TEENS TO STEUBENVILLE!

**FUNDRAISER** - This June, 17 teenagers from our parish are hoping to journey to Steubenville, Ohio for the Catholic Youth Conference! Some of our families are in need of financial support to be able to send their teenager on this trip. Your donation will help provide these teens with an experience that could change their life. Please consider contributing to this year's fundraiser to help provide our teens with the opportunity to encounter Christ in an incredible way.

**The cost of the trip is \$500/person. If you would like to sponsor a teen or donate to help lower this cost - donations are acceptable by cash or cheque payable to Holy Family Parish. Contact Samantha at [hfw.youth@gmail.com](mailto:hfw.youth@gmail.com) for all inquiries.**



## Join us this summer for our very own HFkids Summer Camp!

This year we are launching our first ever **HF Kids Camp** run by Samantha and our very own Youth Ministry team!

The theme of this year's camp is **THE VOYAGE**. As Catholics we all have a common destination we are journeying towards: **Heaven**. At our Baptism, we are given a mission to live a life as a disciple of Jesus Christ, share the Good News with others, and reach Heaven. We will explore how to voyage through life and reach this final destination.

## CAMP INFORMATION:

**WHEN:** Week of **July 14 to 18** (5 days)

**TIME:** 9:00am to 3:00pm

**WHO:** Kids in Grades 1 to 6 (fall 2025)

**COST:** \$125 per camper

Registration opens on March 1st. Registration forms will be made available at the Welcome Desk and online at [holyfamilywhitby.ca/parents/](http://holyfamilywhitby.ca/parents/)

**NOTE:** Due to the space available, registrations will be limited to the first 80 participants so register early! If you have any questions about the summer camp or **if you would like to volunteer** to assist with the camp, please contact Samantha at [hfw.youth@gmail.com](mailto:hfw.youth@gmail.com)

## JOIN US THIS MONDAY!

It's not too late to join us this Monday for our second week of our Study on the Gospel of Luke! Hear of the mercy and compassion that Jesus has for each one of His children. See the beautiful Biblical roots for Mary, the Rosary, and the Mass that are found in Luke, strengthening your prayer life like never before. **Luke: The Story of Salvation Fulfilled** - choose between Morning and Evening Sessions. **Registration and participant guides are available at the back of the church for \$40 or at the door on Monday.**

## PLENARY INDULGENCES DURING THE JUBILEE YEAR



The Holy See issued a decree outlining the many ways that Catholics can obtain a plenary indulgence during the 2025 Jubilee Year. Below you will find a brief summary of the essential aspects of obtaining plenary indulgences during the Jubilee Year. For specific details and additional resources, please visit the Jubilee webpage on the Archdiocese website at: [archtoronto.org/jubilee](http://archtoronto.org/jubilee)

### ***What is an Indulgence?***

A plenary indulgence is a grace granted by the Catholic Church through the merits of Jesus Christ to remove the temporal punishment due to sin and while the Sacrament of Reconciliation restores grace, the effects of sin remain. The indulgence applies to sins already forgiven and a plenary indulgence cleanses the soul as if the person had just been baptized. Plenary indulgences obtained during the Jubilee Year can also be applied to souls in purgatory with the possibility of obtaining two plenary indulgences for the deceased in one day.

**The Jubilee Indulgence** is a plenary indulgence specifically intended for the faithful during a Jubilee Year, which occurs every 25 years. It allows individuals to seek full mercy for themselves or for the souls in Purgatory, highlighting the boundless nature of God's mercy.

### **Here are some of the many ways one can obtain indulgences during the 2025 Jubilee Year:**

**How is the Jubilee Indulgence obtained?** To obtain the Jubilee Indulgence, one must be truly repentant, free from attachment to sin, and perform a prescribed act. This includes going to Confession, receiving Holy Communion, and praying for the Pope's intentions. The indulgence can also be applied to the souls in Purgatory.

### **There are several ways to obtain plenary indulgences:**

#### **1. THROUGH PILGRIMAGES.**

At **any** designated Jubilee Pilgrimage site, participants should engage in Holy Mass (including the Profession of Faith), the Liturgy of the Hours, the Way of the Cross and other devotional practices. When you arrive at any designated site, you should spend a suitable amount of time in Eucharistic Adoration and conclude with the Lord's Prayer and the Profession of Faith and prayers to Mary. The Lord's Prayer and the Profession of Faith are both necessary to obtain the indulgence.

#### **2. THROUGH PIOUS VISITS TO SACRED PLACES.**

There are several churches designated as Jubilee Pilgrimage Sites in the Archdiocese of Toronto: Key sites include St. Michael's Cathedral Basilica and various parishes across each region including St Barnabas in Scarborough and St Gregory the Great in Oshawa in the East as well as Martyrs' Shrine in Midland.

*Individuals who cannot physically attend a pilgrimage, including the elderly & the sick, can still receive the Jubilee Indulgence by uniting spiritually with the faithful through prayer and participation in the liturgy via media.*

#### **3. THROUGH ACTS OF MERCY AND PENANCE.**

**Acts of Mercy:** Engaging in spiritual and corporal works of mercy, by spending time with those in need - the sick, prisoners, lonely elderly, the disabled essentially "making a pilgrimage to Christ present in them" can also lead to obtaining the indulgence.

**Specifications for penance:** Penance can include rediscovering the penitential nature of Fridays, abstaining from distractions, donating to the poor, and dedicating time to community service. In a spirit of penance, give up "futile distractions" (real or online) and "superfluous consumption" (through fasting, abstinence or almsgiving) for at least one day.



"Visit us today for a tour"  *The Court at Pringle Creek*

**Atria Retirement Canada**

3975 Anderson St (corner Taunton Rd) 905.665.4837

**Freeman & Lourenco LLP**  
Chartered Professional Accountants  
511 Bond St. W. 905-576-4619  
(Bond & Stevenson Rd.)

**Pringle Creek PHARMASAVE**  
All Day City Wide Delivery  
Pringle Creek Plaza  
728 Anderson Street  
**905-666-9922**

**NEUBAUER LAW OFFICE**  
Josef Neubauer B.A., LL.B.  
Colin Neubauer B.Sc., LL.B.  
Barristers, Solicitors, Notaries Public  
106 Stevenson Rd. S.  
Bus: 905-433-1991 Fax: 905-433-7038

**Remember...**  
Let our advertisers know you saw their ad here. 

 Chris Leahy  
**DURHAM SECURITY**  
905-556-1801


**Lighting Solutions**  
Church Lighting Experts  
Supply-Install-Maintain  
Commercial-Industrial-Residential  
416-493-7630  
LightingSolutions.ca


**Gentle Family Home Care Services**  
*Improving Lives Together*  
Need PSW services? We're here for you!  
Dianne Campbell **289-356-1137**  
info@gentlefamilyhomecare.com

 **TEAM FENNESSEY**  
*The team you will recommend!*  
**TOBY FENNESSEY**  
Broker | Residential/Investment Properties

Direct: 905-622-3667 | toby@teamfennessey.com  
www.teamfennessey.com | f teamfennessey  
Royal Heritage Realty Ltd., Brokerage

Turn your home into a Smart Home!  
\$50 donated to Holy Family for every new contract.  
chris@durhamsecurity.ca

 **Buying/Selling/Investing**  
*Joel Prakash*  
Sales Representative  
Direct: 647-712-5635  
Email: joel.anand@gmail.com

 **BARNES MEMORIAL FUNERAL HOME**  
Family owned and operated since 1863  
**905.655.3662**  
5295 Thicksen Rd. N., Whitby  
(1 minute North of Taunton on Thicksen)

 **ONTARIO DUCT CLEANING**  
Do it for your home do it for the health of your family.  
For a FREE No Obligation phone estimate, call:  
**905-433-5000**

 **DE STEFANO**  
Funeral Home & Celebration Centre  
1289 Keith Ross Drive  
Oshawa  
**905-440-3595**  
destefanofuneralhomes.com

 **Buying/Selling/Investing**  
*Joel Prakash*  
Sales Representative  
Direct: 647-712-5635  
Email: joel.anand@gmail.com

**HOMELIFE HIGHER STANDARDS** **HOMELIFE/MIRACLE REALTY LTD. BROKERAGE**

**DR. J. D'SOUZA**  
FAMILY DENTIST  
New Patients Welcome  
**185 Brock St. N. (at Mary)**  
**905-430-0118**

 **Stafford Monuments Limited**  
Granite & Bronze Family & Civic Memorials  
Inscriptions & Cemetery Restoration  
318 Dundas Street East 905-668-3552  
~ 6 Generations of Service, Quality & Trust ~

**Shopping Locally Saves Gas**

**THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!**




**TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637**

Call 1-800-268-2637 for this space

**SMITH AND SONS**  
FULLY INSURED SINCE 1994  
**INTERIOR & EXTERIOR PAINTING**  
PROUDLY SERVING DURHAM REGION  
**905 431-5434**  
SMITHANDSONSPAINTING.COM

**CATHOLIC CEMETERIES FUNERAL SERVICES**  
In keeping with your Catholic faith  
[www.catholic-cemeteries.com](http://www.catholic-cemeteries.com)  
Resurrection Cemetery 905-668-8912

 **DENTURE CLINIC & DENTAL LABORATORY**  
Jun Padua RDT, DD  
905.493.9004 • pda.dent@gmail.com  
paduadentalarts.com  
1121 Dundas St. E., Unit B5

**Pringle Creek FOODLAND**  
*Your Hometown Advantage*  
QUALITY • SERVICE AND VALUE  
Fresh Food & Friendly Neighbours  
PRINGLE PLAZA  
(Next to Holy Family Church)  
728 Anderson St. **905-668-6374**

Auto • Home • Life • Business  
**Laura Carey, Agent**  
905-665-2273  
 **Desjardins Insurance**  
lauracarey.ca  
durhamregioninsurance.com

  
"Groceries Delivered Right To Your Home"  
Call **905-427-3584**

**COLLABORATIVE LAW PRACTICE**  
Resolving Disputes Respectfully.

**SALES REPRESENTATIVE WANTED**

Liturgical Publications, your weekly bulletin printer has an opening for a **full time Sales Representative**.  
*Base Salary • Commission • Car Allowance • Travel Expenses*  
If you have a drive to succeed and are self-motivated, email your resume to [salesrep@parishbulletins.com](mailto:salesrep@parishbulletins.com)

**Deidre Anne Newman**  
B.Sc., LL.B.  
Barrister & Solicitor  
*Family, Criminal, Wills*  
2A-119 Consumers Drive  
Whitby, Ontario L1N 1C4  
**T: 905-665-6360**  
[dnewman@danewmanlaw.com](mailto:dnewman@danewmanlaw.com)

**J. Thomas Hamer**  
Barrister and Solicitor  
COLLABORATIVE FAMILY LAW  
Wills • Powers of Attorney  
Estate Administration  
[www.collaborativepracticetoronto.com](http://www.collaborativepracticetoronto.com)  
jthamer@ehpnf.com  
105 Consumers Dr., Ste. 524  
**905-665-0221**